Prestbury Parish Council - Litter Picking Risk Assessment

Hazard	Who might be harmed and how	Activity Risk rating (no controls)	Control measures already in place	Risk Rating with Control Measures
Manual Handling: Carrying bags, moving bins, moving large and heavy objects, reaching, bending and twisting	Volunteer workers Musculoskeletal issues from over exertion	High	 Litter picker sticks and bag hoops provided to avoid bending and ease debris transferral. Volunteers to be aware to lift and move items by using their leg muscles to bend – not their backs! Regular breaks are recommended and can be taken at anytime. Volunteers are made aware to wear suitable footwear that have good tread such as hiking boots or sturdy trainers. Volunteers are made aware not to lift or move anything above their own capability. Report any issues such as moving heavy hazardous items to Prestbury Parish Council (PPC). Volunteers are aware to only collect litter that can be transferred easily into black bags. 	Low
Slips, Trips and Falls: • Uneven or slippery ground surfaces, steep banks, shrubs, brambles, tree branches, debris, and dark areas	Volunteer workers Head injuries, fractures, dislocations, sprains, cuts and bruises	High	 Prestbury is a low risk environment. Volunteers should stay within the pathway boundary and not to venture into banked up areas. Volunteers are made aware to wear suitable footwear that have good tread such as hiking boots or sturdy trainers – no open toed shoes. Volunteers to be aware of the surface they are walking on and the current weather conditions. Litter picking should only take place during daylight hours. 	Low

Hazard	Who might be harmed and how	Activity Risk rating (no controls)	Control measures already in place	Risk Rating with Control Measures
 Adverse Weather Heavy rain – flood, deep puddles or fast flowing water Ice/snow – difficult walking conditions High winds – trees to bend/break Extreme heat – over exposure to UV rays 	Volunteer workers Head injuries, fractures, dislocations, sprains, cuts and bruises, fatigue, dehydration, sun burn	High	 Volunteers should be aware of the local weather reports and assess if it is suitable to carry out the litter picking. Volunteer to be aware of changing weather conditions during their litter pick. Do not litter pick in extreme weather. Clothing worn should be appropriate to the weather conditions i.e. sun hat and sun screen during hot weather, waterproof and warm clothing in cold weather. Regular breaks are recommended. 	Low
Biological Hazards: dirty water, faeces, vomit, used condoms, used syringes	Volunteer workers Infections and diseases	High	 Suitable clothing and sturdy footwear to be worn at all times. Use litter pickers at all times – do not use hands. Gloves provided of EN388 and EN374 standards to protect against micro- organisms and be adequately punctures/tear resistant. Any existing cuts/grazes should be covered with surgical tape or waterproof plaster before starting activity. Do not touch any unidentified and potentially hazardous waste and report it to PPC. Be aware of personal hygiene and wash hands before eating, drinking or smoking, going to the toilet and handling children. Do not touch your own face prior to washing your hands. 	Low
Sharp objects: broken glass, syringes, nails, cans sharp twigs	Volunteer workers Cuts and abrasions	High	 Suitable clothing and sturdy footwear to be worn at all times. Gloves provided of EN388 Standard that are adequately puncture and tear resistant. Use litter pickers at all times – do not use hands. Do not touch any sharp objects and report it to PPC. 	Low

Hazard	Who might be harmed and how	Activity Risk rating (no controls)	Control measures already in place	Risk Rating with Control Measures
Contaminated waste: litter contaminated by hazardous substances	Volunteer workers Chemical burns, skin irritation, sickness, diarrhoea, infections and diseases	Medium	 Do not handle any can, canister, oil drum, poisons, insecticides, clinical waste, hazardous substances, dead animals, broken glass, condoms, syringes, needles or sharp objects – report it to PPC. Suitable clothing and sturdy footwear to be worn at all times. Be aware of personal hygiene and wash hands before eating, drinking or smoking, going to the toilet and handling children. Do not touch your own face prior to washing your hands. 	Low
Collisions: vehicles, cyclists, joggers, dogs, other pedestrians	Volunteers workers Head injuries, fractures, dislocations, sprains, cuts and bruises	Medium	Volunteers are advised to be aware of their surroundings and be considerate of other using the route.	Low
Lone Working Violence/abuse	Volunteer workers Stress	Low	 Lone working is not recommended, minimum of 2 persons at any one time. Fully charged mobile phone to be carried at all times by volunteers. Ensure you inform someone of your whereabouts when out litter picking and an agreed timescale. Litter picking should only be carried our during daylight hours. 	Low
Undisclosed Health Issues: Diabetes, epilepsy, hay fever and adverse reactions to stings, bites, nettles	Volunteer workers Stress, ill health and allergies	Low	 Volunteers who are aware they have underlying health issues should ensure they protect themselves sufficiently during the activity bearing in mind the environment they will be surrounded by It would be prudent to inform a friend that will be with you of any health issues prior to starting the litter pick. Carry appropriate equipment and medication if required. Do not approach any domestic pets unless agreed by the owner. Try not to disturb any wildlife that you may come across. 	Low

Risk Rating

High (3) Death, major injury or work related illness, permanent harm or disability	S E V E R I T Y	3	6	9
Medium (2) Injuries or work related illness where people are unable to undertake their normal work for more than 3 days; semi permanent harm or injury		2	4	6
Low (1) All other minor injuries – first aid treatment with no permanent harm – minor cuts and bruises		1	2	3
			LIKELIHOOD	
		Low (1) Where harm is unlikely to occur under normal circumstances. Low expectation of occurrence	Medium (2) Where harm is likely to occur in time or exposure to the hazard exists intermittently or hazardous event occurs occasionally	High (3) Where the hazard is likely to occur imminently or in the very short term, OR exposure is permanent or occurs frequently OR much evidence of previous harm

What does my risk rating mean?

Low (1-2)	Medium (3 -4)	High (6 -9)
Work can proceed – significant action is not	Work may proceed if additional control measures	Immediate action is required to control the
required other than monitoring that things do not	are implemented within strict timescales. These	risk before any further activity
change and that existing measures are being	measures and timescales must be proportionate to	
monitored and maintained	the potential consequences	